

# Parenting Program in Overcoming the Negative Influence of Information Technology on Students

Imam Saerozi<sup>1</sup>, Supriyono<sup>2</sup>, Nik Haryanti<sup>3\*</sup>, Siti Marpuah<sup>4</sup> <sup>1</sup>.UIN SATU Tulungagung, Indonesia

<sup>2,3</sup>Universitas Islam Balitar, Indonesia
<sup>4</sup>Universiti Tun Hussein Onn Malaysia, Malaysia
E-mail: <u>nikharyanti1983@gmail.com</u>

Abstract: The aim of the research is to describe the efforts and approaches of parenting programs in overcoming the negative influence of information technology at Islamic Vocational School 02 Durenan Trenggalek. The method used to conduct this research is based on the location of the data source, including the field research category, with a qualitative research type. The research design is a case study. Data collection methods use observation, interviews and documentation. Data analysis is carried out starting from data reduction, data presentation, and drawing conclusions. The results of the research show that the parenting program's efforts to overcome the negative influence of information technology on Class an and Al-Hadith. 2) Schools together with parents guide students to behave in a healthy direction which can help them choose alternative behavior that will bring maximum benefits to students in determining their choice of good social interactions, likes to help, loves the weak and respects other people. 3) School together with parents provides a good example. The approach taken by the parenting program in overcoming the negative influence of information technology on Class through a habituation approach to moral character, b) exemplary, by giving students an example to follow the example of the Prophet's morals, c) according to the characteristics of the student, even if possible, calling the parents and students to the office in order to successfully overcome these negative influences. 2) A group approach, namely: a) the school provides guidance in the guidance and counseling room to students who are negatively impacted by information technology, b) the school gathers students who violate school rules to provide counseling regarding the positive and negative benefits of information technology.

## Keywords: Parenting Program, Negative Influence of Information Technology

Abstrak: Tujuan penelitiannya untuk mendeskripsikan upaya dan pendekatan program parenting dalam menanggulangi pengaruh negatif teknologi informasi di SMK Islam 02 Durenan Trenggalek. Metode yang dipakai untuk melakukan penelitian ini berdasarkan lokasi sumber datanya termasuk kategori penelitian lapangan, dengan jenis penelitian kualitatif. Rancangan penelitiannya adalah studi kasus. Metode pengumpulan data menggunakan observasi, wawancara, dan dokumentasi. Analisa data dilakukan mulai dari reduksi data, penyajian data, dan menarik kesimpulan. Hasil penelitian menunjukkan upaya program parenting dalam menanggulangi pengaruh negatif teknologi informasi pada Siswa Kelas XI di SMK Islam 02 Durenan Trenggalek, dilakukan melalui: 1) upaya yang dilakukan sekolah bersama orang tua dengan senantiasa menentukan aturan-aturan yang tepat yang sesuai dengan Al-Qur'an dan Al-Hadits. 2) Sekolah bersama orang tua membimbing siswa berperilaku kearah yang sehat yang dapat membantu memilih alternatif perilaku yang akan membawa manfaat yang sebesar-besarnya bagi siswa dalam menentukan pemilihannya berinteraksi sosial yang baik, suka menolong, sayang kepada yang lemah dan menghargai orang lain. 3) Sekolah bersama orang tua memberikan keteladanan yang bagus. Pendekatan yang dilakukan program parenting dalam menanggulangi Pengaruh Negatif Teknologi Informasi pada Siswa Kelas XI di SMK Islam 2 Durenan Trenggalek, hal ini dapat dilihat dari beberapa karakteristik yaitu: 1) Pendekatan secara individual yaitu: a) pendekatan yang dilakukan dalam manggulangi pengaruh negatif teknologi informasi dengan melalui pendekatan pembiasaan untuk berakhlakul karimah, b) keteladanan, dengan jalan siswa diberi contoh untuk mensuri tauladani akhlak Rasulullah, c) sesuai dengan karakteristik siswa, bahkan apabila memungkinkan memanggil orang tua siswa dan siswa ke kantor guna berhasilnya upaya penanggulangan pengaruh negatif tersebut. 2) Pendekatan secara kelompok yaitu: a) sekolah memberikan pengarahan di ruang BK pada siswa yang terkena dampak negatif teknologi informasi, b) sekolah mengumpulkan siswa yang melanggar aturan sekolah untuk diberikan penyuluhan terkait dengan manfaat positif dan negatif teknologi informasi.

Kata Kunci: Program Parenting, Pengaruh Negatif Teknologi Informasi

Copyright (c) 2024 The Authors. This is an open access article under the CC BY-SA 4.0 license (https://creativecommons.org/licenses/by-sa/4.0/)

## **INTRODUCTION**

The information revolution has changed the world's communication system today, the spread of information networks stored on the internet proves that now the world is increasingly narrow, there are no longer geographic boundaries that prevent us from interacting with the global world (Wahyudi, Bahri, & Handayani, 2019). Access to the global world has become very easy, efficient and flexible. This convenience is one of the benefits obtained from globalization which involves integration in various fields including education and technology (Rahman, 2016). Contributions of thought from the world of education have given rise to the development of information technology in all areas of life in today's world society. In this regard, the presence of technology has improved the quality and efficacy of education itself. The impact of globalization that has permeated the lives of nations throughout the world has given birth to various new perspectives (Harianja, Lona, Juniasih, Marpaung, & Hasibuan, 2022). The flow of globalization has given rise to a new perspective on education. The educational strategy from conventional face-to-face education is now changing towards more open education (Sulistio & Haryanti, 2021).

Education in the future will be further optimized by information networks that enable interaction and collaboration. The use of information networks has been proven to be a priority and has benefits for society (Nurnawati & Sutanta, 2018). Thus, the influence of globalization has changed our education so that it is more open and interactive, diverse, multi-disciplinary, and oriented towards work productivity "right away" just on time and competitive (Primayanti, 2015).

Nowadays the development of information technology is growing very rapidly. The development of information technology is a transformation process, a change in society in all its aspects. Therefore, we can also see this development in many aspects of society's life, such as economics, politics, social, culture and science. "The modern era is characterized by two things, namely: (1) the use of technology in various aspects of human life; (2) the development of science as a manifestation of human intellectual progress" (Kholiq Abdul, 2020).

It cannot be denied that the development of information technology has given rise to many new discoveries which are capable of bringing about various changes in human life which make the process of human life itself easier, besides that these discoveries also further improve people's standard of living. However, these changes can ultimately influence people's perspective on life. Values, ways of life and norms tend to change very quickly into a new order, this order increasingly distances people from the moral certainty and legal certainty that they have previously held firmly.

In the context of religious life, social changes that have emerged so quickly have made it one of the crucial problems facing religion. One of the crucial problems that has arisen as a result of the process of developing information technology related to religious life is the increasingly declining morality of society. Hedonistic, consumerist and individualistic attitudes towards life cannot be avoided (Sahidin, Desimarnis, Rusdinal, & Gistituati, 2021).

Apart from the negative effects of technological developments, there are many other forms of moral corruption that have gone global, including: 1) Free sex which has become a worldwide phenomenon supported by the West, and supported and strengthened by the mass media devices they have . 2) The spread of narcotics in all types and the development of their trade. 3) The development of crime of all kinds, both individual and social, for example the spread of kidnapping cases.

Science (knowledge) and technology are two lovebirds that cannot be separated, because they mutually support each other's development. As stated by Awuor & Chemutai (2015), science which is a source of technology can provide the possibility for the emergence of new technology, and conversely, technology is the application of science which can produce more sophisticated equipment which provides opportunities for science to develop more rapidly.

Current science and technology seems to need to be developed based on moral insight (Winda, 2016). This needs to be done because science and technology are sometimes misused. For example: with the existence of mobile phones (HP) and the

internet, pornography is increasingly easy to access. What's worse is that consumers who access sites like this are not only adults, but also children and teenagers, who incidentally still have the status of students, where they are the ones who determine the direction of the nation's future.

Seeing the above phenomena of information technology development, educational institutions, in this case especially schools as one of the educational institutions based on the Islamic religion, are highly expected to be able to provide moral education to their students, in order to face the rapid flow of information technology development.

Islamic Vocational School 02 Durenan Trenggalek is one of the Islamic-based general education institutions in the area. Islamic Vocational School 02 is also located in a strategic position because even though it is located somewhat in the inner region, and is also very advanced, there are many outstanding students. With these two factors (status and very strategic location), it is possible that Islamic Vocational School 02 Durenan is in demand by many students (with various differences) from various surrounding areas. Based on the results of a preliminary survey at Islamic Vocational School 02 Durenan Trenggalek, the negative influence of information technology on students has had a very negative impact, namely that there were students who were caught storing pornography on their cellphones, so the students were taken to the BP room to receive guidance and the school gave them a letter. to parents for further treatment.

#### METHODS

Qualitative research is research that emphasizes the most important things about the nature of a phenomenon which can be used as valuable lessons for developing theoretical concepts (Noeng, 2019). Qualitative research is used to obtain in-depth data and the data contains meaning (Sugiyono, 2015).

The research carried out by researchers includes case study research, namely "a method of collecting and analyzing data regarding a case" (Margono, 2013). The researcher used this case study research for the reason that this research was directed at examining conditions, activities, developments and important factors related to and supporting these conditions and developments (Moleong, 2018). Apart from that, case studies can also lead researchers into the smallest social units such as associations, groups, families, schools and various other forms of social units.

The location of this research is SMK 02 Islam Durenan Trenggalek. For the reason that this location is a general educational institution based on the Islamic religion and is one of the best schools in the Durenan area, as an educational institution based on the Islamic religion, SMK 02 Islam Durenan seeks to form a reliable, faithful and devout generation with noble character and skills through general education and religion and the majority of students receive religious education from their parents, but in reality students' daily behavior is often due to the negative impact of information technology, students often carry out actions that violate the rules.

In research, besides needing to use appropriate research methods, it is also necessary to choose relevant data collection techniques and tools. The use of appropriate operational techniques and data collection tools allows objective data to be obtained. The data collection procedures used in this research are: 1) Observation is defined as systematically observing and recording everything that appears on the research object (A. Z. Fitri & Haryanti, 2020). The observation method in this research was used to collect data related to the research focus. In this case the researcher attempted to carry out systematic observations and recording of the symptoms that appeared at SMK 02 Islam Durenan Trenggalek. 2) Interview or In-depth Interview. The interview method for this research is used as a guide in conducting research. In this case, the researcher used in-depth interview techniques, namely by digging up in-depth information about teachers' efforts to overcome the negative influence of developments in information technology. Researchers will interview teachers and parents of SMK 02 Islam Durenan Trenggalek, in order to obtain data about parenting programs in overcoming the negative influence of information technology at SMK 02 Islam Durenan Trenggalek. 3) Documentation, the documentation method is a method used to search for data regarding things or variables in the form of notes, transcripts, books, newspapers, agendas or so on (Fitrah, 2018). In a study, documentation techniques are used as a source of supporting data. In addition, documentation data is needed to complement the data obtained from interviews and observations. Researchers in this case use documentation techniques to obtain data in the form of archives, notes, books related to parenting programs in overcoming the negative influence of information technology. The documents in question can be photos, school documents, interview transcripts, and documents about the history of the school and its development. All of this documentation will be collected for analysis for completeness of the research data. In this case the researcher took photos related to the parenting program in overcoming the negative influence of information technology at SMK 02 Islam Durenan Trenggalek.

Data analysis techniques are efforts made by working with data, organizing data, sorting it into manageable units, synthesizing it, searching for and finding what is important and what is learned and deciding what can be told to others (Siyoto & Ali, 2015). The data analysis technique in this research uses a data analysis procedure into 3 steps: 1) Data reduction. In this process, the researcher summarizes and selects data that is considered main and focused according to the research focus. In reducing data, all field data is written down and analyzed, reduced, summarized, important things are selected, themes and patterns are looked for, so that they are arranged systematically and are easier to control. 2) Presentation of data (data display), After the data has been reduced, the next step is to display the data. The data presented in the research is data that has previously been analyzed, but the analysis carried out is still in the form of notes for the benefit of researchers before being compiled in report form. 3) Drawing conclusions and verification. In this step, the researcher systematically compiles the data that has been presented, then tries to draw conclusions and the data is in accordance with the research focus.

#### **RESEARCH RESULTS AND DISCUSSION**

1. Parenting program approach in overcoming the negative influence of information technology on Class XI students at Islamic Vocational School 2 Durenan

School is an institution that helps to create the ideals of family and society, especially in the fields of education and teaching which cannot be implemented perfectly in the home and community environment (Ari Andriprianto & Maridjo, 2022). Schools are not only responsible for providing various kinds of knowledge, but also provide guidance, coaching and assistance to children who have problems, both in teaching, emotionally and socially so that they can grow and develop optimally according to their individual potential.

Teachers who are responsible at school make efforts to overcome the negative influence of information technology on students through various approaches. As the results of an interview with the school principal, Solikin, revealed that: "...the approach taken in overcoming the negative influence of information technology is through refraction, exemplary, emotional and so on approaches that are in accordance with the characteristics of the students, even if possible calling the parents and students to office in order to successfully overcome these negative influences..." (Interview on March 14 2023, in the BK room).

This data is supported by the results of an interview with a Religion teacher who stated that: ".....the approach taken in overcoming the negative influence of information technology is through an appropriate approach to student characteristics, if possible the school calls the students' guardians and students to smoothly, so that students are deterred from doing bad things, and tend to always do good things in their lives..." (Interview on March 14 2023, in the BK room).

In the process of overcoming the negative influence of information technology on students, schools and parents take an approach according to the student's situation and conditions by (1) fostering the formation of noble morals and good habits. (2) get used to adhering to noble morals. (3) get used to being happy, optimistic, confident, controlling emotions, suffering and being patient. (4) guiding them in a healthy direction that can help them have good social interactions, like to help, love the weak and respect other people. (5) get used to being polite in speaking and socializing well at school and outside school. (6) always be diligent in worshiping and getting closer to Allah and doing good deeds (Chusna, 2017).

As the results of interviews with teachers revealed that: "...coping efforts are carried out through an individual approach, students are invited to get used to being happy, optimistic, get into the habit of being polite in speaking and socializing and not to bring cellphones in class..." (Interview on the 24th March 2023, in the BK room).

Data tersebut didukung oleh hasil observasi yang dilakukan peneliti pada tanggal 24 Maret 2023 di ruang BK, secara kebetulan ddi ruangan tersebut guru BK memberikan pengarahan kepada siswa agar berperilaku baik dan jangan membawa HP di kelas.

This data is supported by the results of observations made by researchers on March 24 2023 in the guidance and counseling room, coincidentally in this room the guidance and counseling teacher gave instructions to students to behave well and not to bring cell phones in class.

The duties of a guidance and counseling teacher or counselor include helping change the behavior of counselees or students in overcoming the negative influence of information technology towards adequate conditions (Fitri & Adelya, 2017). Meanwhile, parents as educators at home must also instill strong Islamic beliefs, to fortify changes in children's behavior, especially in this era of technology and the rise of pornographic videos. For this reason, cooperation between guidance and counseling teachers (school officials) and parents is needed in overcoming the negative influence of information technology among students.

As the results of interviews with teachers are as follows: "...cooperation between schools and parents in responding to problematic students' problems must have agreement and solidarity in reaching the child's level of maturity, by using their free time with positive habits, so that students do not face obstacles or obstacles in overcoming the negative impact of information technology at Islamic Vocational School 2 Durenan, the negative impact of information technology that is widespread is pornography, teachers overcome this by providing sex education, at school in Biology subject matter by explaining the true function of sex, so that they can place and view sex it is something sacred. The priority function of sex is as a form of reproductive interests, the interests of the marriage bond, the deepest relationship between two people of different sexes" (Interview on March 24 2023, in the BK room)

The current situation is a dilemma. On the one hand, there are some conservative teenagers whose supervision and self-control are good, but this incident causes them to become traumatized about sex, so that when it comes time to get married there are obstacles for them. Meanwhile, on the other hand, there are parties who consider this to be a normal thing, as a form of concern from the school regarding the phenomenon that is occurring, in schools they often check students' cellphones which then routinely check students' cellphones for shock therapy for students who are considered a little "naughty" but are regularly checked. thoroughly to avoid suspicion (Jamil & Aprilisanda, 2020). In this way, students will be afraid to save data about sex films on their cellphones.

In order to respond to cases of naughty students, the school uses approaches as determined by experts, also through instilling good morals, which has been maintained. Students will automatically become aware of the prohibition against negative traits. Thus, the main thing that is instilled is the stronghold of faith in students and this has been implemented in their education. Therefore, it is not surprising that this Islamic school provides religious lessons for 6 hours, including recitation and other things, even though the government standard is only 2 hours.

Overcoming the negative impact of information technology which is increasingly rampant, with the fortress of faith for students and this has been implemented in education. Because of this, SMK Islam 2 Durenan, which has an Islamic nuance, does not provide religious lessons for 6 hours, including recitation and other things, even though the government standard is only 2 hours. Sex education for students is important, but not in sex subjects but in Biology lessons which explain the functions of genetics and reproduction. Likewise, in health education, it has also been explained about the body's anatomical mechanisms and their function of maintaining the health of the genitals. There is no form of sex education in the sense of children, how to prevent pregnancy, which is vulgar in nature, because the command cannot provide a sex education curriculum in schools... (Interview on March 14, 2023, in the BK room).

The agreement made by the school and parents in overcoming the negative influence of information technology on students, the steps taken are:

- 1) Violations that occur to students are immediately given punishment in accordance with the violation committed,
- 2) Maximum supervision both at school, at home and in the surrounding environment.
- 3) Holding counseling meetings with teachers and parents to discuss overcoming the negative influence of information technology among students in order to achieve the mutually desired goal, namely students who have moral character.

From the data presented, it can be concluded that the approach taken in the parenting program for Overcoming the Negative Influence of Information Technology on Class XI Students at Islamic Vocational School 2 Durenan is that the school and parents take an individual and group approach, this can be seen from several characteristics, namely:

- a. The individual approach is: (1) the approach taken in overcoming the negative influence of information technology through a habituation approach to good morals, (2) exemplary, by giving students an example to follow the example of the Prophet's morals, (3) in accordance with the characteristics of the students, even If possible, call parents and students to the office to successfully overcome the negative influence of information technology.
- b. The group approach is: (1) the school provides guidance in the guidance and counseling room to students who are negatively impacted by information technology, (2) the school gathers students who violate school rules to provide counseling regarding the positive and negative benefits of information technology.

# 2. Parenting Program Efforts to Overcome the Negative Influence of Information Technology on Class XI Students at Islamic Vocational School 2 Durenan.

The negative impact of information technology will remind all audiences that information technology is not everything. But information technology is like a double jeweled knife, which if not used properly will hurt every person who wants to use it. Here is the teacher's effort to overcome the negative impact of information technology, as per the results of an interview with the teacher: "...students are not allowed to bring cellphones at school, because it will disrupt ongoing learning activities, where students are usually engrossed in the cellphones they are holding rather than paying attention to the lesson. given by the teacher..." (Interview on March 14 2023, in the BK room).

The same thing was also expressed by the teacher who stated that: "...the prohibition of carrying cellphones at school is due to the cooperation of the school and the parents, who think that cellphones have a negative impact at school, students do not pay attention to the subjects taught by the teacher. ...". (Interview on March 14 2023, in the teacher's room).

Efforts by schools and parents to overcome the negative influence of information technology by shaping student behavior. Good behavior is the fruit of steady faith and true religious growth. When children are directed based on faith and educated to love Allah, fear Him and feel His supervision, of course the child is always open to receiving educational advice and is also accustomed to basic and noble morals.

As the results of an interview with a guidance and counseling teacher revealed: "...Religious formation in children is an important factor that can help success in overcoming the negative impacts of information technology, so that children have commendable morals. At school teachers must develop children to have commendable morals, and at home they have a big role and responsibility in the house, parents must foster commendable morals in their children to support the guidance given at school..." (Interview on March 17 2023, at BK room)

The data above is supported by the results of interviews with parents who stated that: "Religious formation in students, parents at home provide supervision and direction, parents must always foster commendable morals in their children to support the guidance given at school, so that "There is good cooperation for the success of parenting programs in overcoming the negative influence of information technology, then children can avoid the negative influence of information technology." (Interview on March 17, 2023, in the living room)

Other data was also expressed by an ICT teacher who stated that: "...the teacher's success in providing a good example in every word and deed, will color the behavior of students. A pious role model is the main and essential foundation in building the religious and moral side of students..." .(Interview on March 17 2023, in the BK room)

On another occasion, the researcher made observations, namely on March 17 2023, when the researcher was in the TU room to collect data regarding Islamic Vocational School 2 Durenan, at that time, because the teacher was out, the researcher accidentally saw the teacher standing giving punishment to students who violated the law. regulation.

Efforts with parents to overcome the negative influence of the development of information technology through attitude formation. The development of Information Technology at this time will more or less influence human life, including attitudes. This influence not only applies to adults, but also teenagers and children. Attitudes determine the type or nature of behavior in relation to relevant stimuli, people or events. As the results of interviews with teachers stated that: "...the influence of

information technology can color students' attitudes, it has been proven that children are better able to maintain their attitudes and determine their steps in life by not bringing cell phones at school...". (Interview on March 21 2023, in front of the Teacher's room

A similar thing was also expressed by the teacher who stated that: "...the negative influence of information technology can color students' attitudes, because of the school's policy, students no longer use technology for negative things, but rather use technology to support existing tasks. at school....". (Interview on March 21 2023, at the prayer room)

Teachers' efforts to overcome the negative influence of technology by shaping behavior. Behavior at Islamic Vocational School 2 Durenan students must choose which behavior to carry out, then the person concerned will choose alternative behavior that will bring the greatest benefit to the person concerned. This ability to choose means that the thinking factor plays a role in determining the choice. As the results of an interview with teacher Sri Andayani stated that: "... by shaping student behavior, we will understand better what things are useful for students, so students do not use information technology for negative things, but instead use it for positive things, to support the assignments given at school...". (Interview on March 24 2023, in the BK room)

A process that cannot run perfectly, including efforts to overcome the negative influence of information technology developments at Islamic Vocational School 2 Durenan, of course there are several obstacles faced by teachers. In general, the obstacles encountered are:

a. Limited supervision from the school

Schools, especially BP teachers and religious education teachers, cannot always monitor or supervise student behavior outside of school. Apart from that, teachers do not know the good and bad of the environment where students live, especially parents or families who play a very important role in providing supervision to students.

As stated by the teacher: "...because many of the students' parents work as employees, so the children are entrusted to grandmothers. So it causes a lack of attention in monitoring morals. The school cannot supervise...". (Interview on March 28 2023, in the BK room).

The same thing was also conveyed by the teacher: "Because children are outside of school, moral supervision cannot be monitored, considering that the student environment is diverse, and most of the parents work as employees...". (Interview on March 26 2023, in the BK room).

Students are less aware of the negative impacts of information technology, so that when they are at school they obey the rules and when they leave the school environment they are free to play with technology. The principal explained that: "In relation to students' lack of awareness of the negative impact of information technology at school, it is emphasized strictly, if at home or at school students' awareness has not yet grown, it turns out that it is also very difficult for students to do so...". (Interview on March 26, 2023, in the office).

This was also conveyed by the teacher explaining: "... considering the many games in the environment, students are sometimes less aware of the importance of having good morals in life..." (Interview on 26 March 2023, in the BK room).

b. The influence of television broadcasts

Television shows that are less educational are a bad influence on children, because they indirectly provide bad examples so that it is feared that children will imitate them. As the results of an interview with a religious teacher stated that: "Nowadays the influence of television really influences students to perform prayers in an orderly manner, for example children are more concerned with watching Mahabaratha TV shows than immediately going to Isha prayers." (Interview on March 4 2023, in the teacher's room)

This is also similar to what the teacher expressed as follows: "to develop good morals, there are now many distractions, such as TV shows that are very interesting so they can tempt students to watch them..." (Interview on March 26 2023, in the BK room)

To overcome the obstacles above, school principals and teachers use the following tips:

a. The school, especially BP teachers, religious education teachers always provide awareness education and provide advice and role models at school, in order to succeed in teachers' efforts to overcome the negative influence of information technology in schools. As stated by the school principal who explained that: "Efforts to overcome the obstacles faced by providing awareness education, providing advice, direction and role models so that students always do good and practice religious teachings by carrying out God's commands and avoiding his prohibitions." (Interview on March 4, 2023, in the office)

The teacher also added: "...in the learning process it is always emphasized that children have an awareness of the importance of morals, carrying out the teachings and avoiding the prohibitions recommended by Allah..." (Interview on March 4 2023, in the teacher's room)

b. Increase students' awareness.

Lack of student awareness of the negative impacts of information technology, which is closely related to developing student morals. In increasing student awareness, the teacher's step is to collaborate with the school and school committee to implement a monitoring program. From the data from the interview with the teacher, namely Sri Andayani, it was stated: "... the solution to the obstacles faced by the school principal is to adopt a policy of collaborating with the school and the school committee to carry out an akhlakul karimah development program, so that the negative impacts of information technology can be handled. ...". (Interview on March 4 2023, in the BK room)

The same thing was also conveyed by the teacher, Suparlan: "collaboration with various parties related to students determines the success of overcoming the negative impacts of information technology" (Interview on March 4 2023, in the BK room)

c. Reduce watching television.

Television shows that are less educational are a bad influence on children. Here, the role of parents in the family environment is expected to support them in reducing television viewing. The school emphasizes that praying on time is best.

As the results of the interview with the teacher stated: "I emphasize that students make a schedule for daily activities and especially prayer times must be on time, and must be brought to school to be checked by the teacher for accuracy. Here, students are also emphasized to be honest." (Interview on April 3 2014, in the

Teacher's room). The religion teacher also expressed the same thing: "I emphasize students to make a schedule of student activities in performing prayers." (Interview on April 3 2014, in the Teacher's room)

From the results of the data presented above, in detail the research findings can be concluded that the efforts of the Parenting Program in Overcoming the Negative Influence of Information Technology on Class XI Students at SMK Islam 2 Durenan can be seen from several characteristics, namely: 1) the efforts made by teachers by always determining the rules which is in accordance with the Qur'an and Al-Hadith. 2) The teacher guides students to behave in a healthy direction which can help them choose alternative behavior that will bring the greatest benefit to students in determining their choice of good social interactions, likes to help, loves the weak and respects others. 3) and set a good example.

From the findings of previous research, it can be stated that in general the efforts of schools and parents in overcoming the negative influence of the development of information technology at Islamic Vocational School 2 Durenan, this can be seen from several characteristics, namely: First, the efforts made by teachers and parents always foster morals and character. always adhere to the Koran and Al-Hadith. To deepen and develop the moral teachings contained in the Qur'an and Sunnah so that humans (Muslims) can behave, be virtuous and behave as stipulated in these two sources of Islamic teachings. This is in accordance with Marzuki (2020) who stated that Islamic morals guarantee goodness for all mankind. Good for all times, all places, easy, does not contain difficulties, does not contain heavy commands that are not carried out by humans beyond their ability. Islam creates noble morals, so that they can be felt in accordance with the human soul and can be accepted by common sense.

Second, the school and parents guide students to behave in a healthy direction which can help them choose alternative behavior that will bring the greatest benefit to students in determining their choice of good social interactions, likes to help, loves the weak and respects other people. This is in accordance with Aufa (2022) that behavior is a biological manifestation or manifestation of an individual's life, namely all the characteristics that state that a human individual is alive. This behavior not only includes things that can be observed (overt) but also things that are hidden (covert). This opinion is reinforced by the opinion of Haryanti, Putra, & Putrianingsih, (2022) who stated that the factors that influence individual behavior are the first factor, internal; Heredity, disposition or heredity are all the characteristics, characteristics, potential and abilities that an individual has because of his or her birth. There are two categories of characteristics or characteristics possessed by individuals, namely permanent characteristics and characteristics such as skin color, hair, shape of nose, eyes, ears, etc.; And traits that change (temporary state) such as body size, posture, habits, interests, persistence, and so on. The second factor is environmental factors; geographical natural environment, economic, socio-cultural, political, religious, security.

# CONCLUSION

Based on the research results and discussion obtained from this research are as follows:

- 1. The approach taken by the parenting program in overcoming the negative influence of information technology on Class information through a habituation approach to good morals, b) exemplary, by giving students an example to follow the example of the Prophet's morals, c) according to the characteristics of the students, even if possible, calling the students' parents and students to the office in order to successfully overcome these negative influences. 2) A group approach, namely: a) the school provides guidance in the guidance and counseling room to students who are negatively impacted by information technology, b) the school gathers students who violate school rules to provide counseling regarding the positive and negative benefits of information technology.
- 2. Parenting program efforts to overcome the negative influence of information technology on Class with the Qur'an and Al-Hadith. 2) Schools together with parents guide students to behave in a healthy direction which can help them choose alternative behavior that will bring maximum benefits to students in determining their choice of good social interactions, likes to help, loves the weak and respects other people. 3) School together with parents provides a good example.

## REFERENCESS

Ari Andriprianto, H. F., & Maridjo, H. (2022). Pengaruh Employee Engagement, Spiritualitas Kerja, Budaya Organisasi Terhadap Kinerja Karyawan Dimoderasi Kepemimpinan Kepala Sekolah. Jurnal Pendidikan Dan Kebudayaan Missio, 14(1), 62–72. https://doi.org/10.36928/jpkm.v14i1.893

Aufa, N. (2022). Pengembangan Budaya Religius Sebagai Salah Satu Alternatif Dalam

Memperbaiki Akhlak Siswa Di Sman 2 Subulussalam. SENTRI: Jurnal Riset Ilmiah, 1(2), 323–334. https://doi.org/10.55681/sentri.v1i2.237

- Awuor, O. S., & Chemutai, F. (2015). The Role Of Teachers' Training In Effective Implementation Of Life Skills Curriculum In Secondary Schools In Eldoret East District, Kenya. *British Journal of Education*, 3(6), 53–70.
- Chusna, P. A. (2017). Pengaruh Media Gadget Pada Perkembangan Karakter Anak. *Dinamika Penelitian: Media Komunikasi Sosial Keagamaan, vol 17*(no 2), 318.
- Fitrah, M. (2018). *Metodologi penelitian: penelitian kualitatif, tindakan kelas & studi kasus*. CV Jejak (Jejak Publisher).
- Fitri, A. Z., & Haryanti, N. (2020). *Metodologi Penelitian Pendidikan: Kuantitatif, Kualitatif, Mixed method dan Research and Development*. Malang: Madani Media.
- Fitri, N. F., & Adelya, B. (2017). Kematangan Emosi Remaja dalam Pengentasan Masalah. *Jurnal Penelitian Guru Indonesia*, 2(2), 30–39.
- Harianja, N., Lona, R. T., Juniasih, T. E., Marpaung, I. S., & Hasibuan, N. (2022). Sosialisasi digital parenting dalam mengatasi dampak negatif penggunaan handphone di kelurahan padangmatinggi. *Jurnal Pengabdian Masyarakat*, 1(2), 46–53. Retrieved from https://jurnal.ugn.ac.id/index.php/jurnalnauli/article/view/852%0Ahttps://jurnal.ug n.ac.id/index.php/jurnalnauli/article/download/852/645
- Haryanti, N., Putra, T., & Putrianingsih, S. (2022). Analisis Motivasi Belajar Siswa pada Mata Pelajaran Ilmu Pengetahuan Sosial di Kelas V SDI Miftahul Huda Plosokandang Kedungwaru Tulungagung Tahun Ajaran .... Jurnal Pendidikan ..., 10(3), 1057–1072. Retrieved from https://www.journalstkippgrisitubondo.ac.id/index.php/PKWU/article/view/610%0 Ahttps://www.journalstkippgrisitubondo.ac.id/index.php/PKWU/article/download/ 610/378
- Jamil, S. H., & Aprilisanda, I. D. (2020). PENGARUH PEMBELAJARAN DARING TERHADAP MINAT BELAJAR MAHASISWA PADA MASA PANDEMIK COVID-19. *Behavioral Accounting Journal*, 3(1). https://doi.org/10.33005/baj.v3i1.57
- Kholiq Abdul. (2020). Strategi pengembangan Lembaga Pendidikan Islam yang Unggul. *Alasma*, 2(1), 23–42. Retrieved from http://repository.iainbengkulu.ac.id/4053/1/INDRA JAYA.pdf
- Margono, S. (2013). Metodologi Penelitian Pendidikan. Bandung: Alfabeta.
- Marzuki, M. (2020). Pembentukan Kultur Akhlak Mulia Di Kalangan Mahasiswa Uny Melalui Pembelajaran Pai. *Jurnal Cakrawala Pendidikan*, *1*(1). https://doi.org/10.21831/cp.v1i1.223

- Moleong, L. J. (2018). *Metodologi penelitian kualitatif*. Bandung: PT Remaja Rosdakarya.
- Noeng, M. (2019). Metodologi Penelitian Kualitatif: Telaah Positifistik, Rasionalistik, Realisme Metaphisik. Yogyakarat: Rake Sarasin.
- Nurnawati, E. K., & Sutanta, E. (2018). Sosialisasi Manfaat dan Bahaya Pemakaian Teknologi Informasi di Kalangan Anak-anak di dusun Karet Bantul Yogyakarta. *Jurnal Dharma Bakti-LPPM IST Akprindo Yogyakarta*, 1(2), 123–132. Retrieved from https://journal.akprind.ac.id/index.php/dharma/article/view/304/211
- Primayanti, A. I. (2015). Strategi Pendidikan Islam Menghadapi Problematika Globalisasi. *Al-Hikmah: Jurnal Agama Dan Ilmu Pengetahuan*, *12*(1), 46–60. https://doi.org/10.25299/jaip.2015.vol12(1).1447
- Rahman, A. (2016). Pengaruh Negatif Era Teknologi Informasi Komunikasi pada Remaja (Perspektif Pendidikan Islami). *Jurnal Studi Pendidikan*, *XIV*(1), 18–35.
- Sahidin, Desimarnis, Rusdinal, & Gistituati, N. (2021). Efektivitas Penerapan Kebijakan E-Learning Masa Pandemi Covid-19 di Madrasah Aliyah. *EDUKATIF: Jurnal Ilmu Pendidikan*, 3(5), 2626–2637.
- Siyoto, S., & Ali, S. (2015). *Dasar Metodologi Penelitian*. Yogyakarta :Literasi Media Publishing.
- Sugiyono. (2015). *Metode Penelitian Pendidikan (Pendekatan Kuantitatif, Kualitatif, dan R&D)*. Bandung: Penerbit Alfabeta.
- Sulistio, A., & Haryanti, N. (2021). Strategi Pembentukan Karakter Siswa Berbasis Literasi Digital. Banten: CV. AA. Rizky.
- Wahyudi, I., Bahri, S., & Handayani, P. (2019). Perancangan Sistem Informasi Buku kasus Berbasis Web pada SMK Multi Media Mandiri Jakarta. Jurnal Teknik Komputer AMIK BSI, VI(2), 135–138. https://doi.org/10.31294/jtk.v4i2
- Winda, N. (2016). Implementasi Kurikulum 2013 dalam Pembelajaran Bahasa Indonesia Berbasis Teknologi Informasi dan Komunikasi. STILISTIKA: Jurnal Bahasa, Sastra, Dan Pengajarannya, Vol. 1(No. 1, 1 April, 2016), 88. https://doi.org/10.33654/sti.v1i1.343